



Come to Nutrition Monday in Middlebury, CT  
Bring a friend Sample local chocolates

CoWorker Hub 900 Straits Turnpike Middlebury CT, Suite 205 (rear of building) at  
Crossroads Plaza \$20.00-pay at the door. Register on meetup nutrition Monday



# CHOCOLATE



Monday Feb. 5, 2018 6 to 7:30 PM



Sugars



*Your Heart*



**Facilitator:** Carolyn Finch

Certified Nutritionist –Speech/Language Pathologist

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